

Dr Andrew Tootell

Mental Health Social Worker, Psychotherapist and Zen Teacher

AUSTRALIA

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## University Qualifications

- 2010 PhD, Dept. of Human Development & Counselling, Faculty of Education, Waikato University, August 2010. Title of Thesis: *The use of self in adolescent sexual offending therapy: An autoethnographic case study*.
- 2004 Master's in Clinical Science, Dept. of Psychiatry, Faculty of Medicine, Adelaide University (including completion of three year seminar program in psychoanalytic theory and practice).
- 1995 Bachelor of Social Work (Hons), University of Sydney, NSW.
- 1994 Graduate Diploma of Law, Wollongong University, NSW.
- 1981 Bachelor of Arts, Wollongong University.

## Membership of Professional Organisations

Member, Australian Association of Social Workers/Accredited Mental Health Social Worker (AMHSW).

Member of the Lay Zen Teachers Association (LZTA)

## Scholarships, Prizes and Grants

University of Waikato Doctoral Scholarship 2005-07

Grant in support of Masters Research awarded by The Family Therapy Association of South Australia Inc 2001

Butterworths Pty Ltd Law Publishers Prize, Labour Relations Law, 1992

## Publications

### Journal Articles

**Decentring Research Practice.** International Journal of Narrative Therapy and Community Work, 3, 2004, p. 54-60.

**“I give things a go”:** The Story of how Dylan Wise rediscovered his Confidence. Gecko: a journal of deconstruction and narrative ideas in therapeutic practice, Vol 1, 1999, p 11-30. **Reprinted in translation** in Systema, 16, 2002, p 5-19.

### Books

**Stopping Violence Groups: A model of best practice for group work with men who wish to stop violent and abusive behaviour towards their women partners and family.** Northern Metropolitan Community Health Service, South Australia, 1997.

**The Professional and Industrial Representation of Visual Artists and Craftsperson’s,** co-authored with Professional Ray Markey, University of Wollongong Press, 1994.

### Professional Development

- 2023 - Ongoing Supervision with Dr Liz Health, Psychoanalyst, Adelaide, South Australia, and Dr Barry Magid, Psychoanalyst and Zen Teacher, New York.
- 2023 Level 1: iRest Yoga Nidra Teacher Training, 5-day course, 22-26 September, with Fuyuko Toyota, Sydney.
- 2020 Certificate of Completion: Year One Training in the Conversational Model of Psychoanalytic Psychotherapy.
- 2014 Zen mindfulness training (4 days) with Dr Barry Magid, psychoanalyst and Zen teacher at the Garrison Institute, NY, 12-16 November.
- 2014 Mindful Self-Compassion, 5-day course, 19-23 May, University Centre for Rural Health, Byron Bay, NSW.
- 2013 Zen mindfulness training (6 days) with Ellen Davison, Psychologist and ZenTeacher, 27 September – 3 October, Mullumbimby, NSW.

- 2009 Zen Mindfulness Training (retreat) training with Dr Barry Magid, Zen Teacher, Ordinary Mind Zendo (OMZ) 17-20 May, Garrison Institute, New York.
- 2008 Zen Mindfulness Training (retreat) with Geoff Dawson, Zen teacher, Ordinary Mind Zen, Sydney, March 23-29, Stroud Monastery, NSW.
- 2008 Workshop on Supervision of human service professionals, conducted by Dr. Wendy Bowles, 21 Feb, Department of Social Work, Charles Sturt University.
- 2006 Zen Mindfulness Training (retreat) with Dr Barry Magid, Zen teacher, Ordinary Mind Zendo, April 7-9, Garrison Institute, New York
- 2004 Zen Mindfulness Training (retreat) with Dr Barry Magid, Zen teacher, Ordinary Mind Zendo (OMZ) Oct 8-11, The Grail Centre, Vermont, USA.
- 2000-3 Three-year seminar programme on Psychoanalysis, Adelaide Association of Psychoanalysis, in conjunction with the Psychiatry Department, Adelaide University including personal weekly analytical psychotherapy with Dr. Rick Curnow and fortnightly supervision with Dr. Elizabeth Heath, South Australia.
- 1998 Graduate Diploma in Narrative Therapy, Dulwich Centre, Adelaide, South Australia.